

Menus

School: Martin Luther School

Academic Year: 2018-19

Meal: Lunch

Month: October 2018

| October | | | | |
|---|--|--|--|--|
| M | Tu | W | Th | F |
| 1 Chicken Alfredo Vegetable Cheese filled bread stick Fruit | 2 Cheese Burger/Bun Pickle Spear French Fries Fruit | 3 Popcorn Chicken Mac & Cheese Vegetable Fruit Craisins | 4 Tatot Tot Hotdish Vegetable Fruit Dinner Roll Yogurt | 5 Turkey & Cheese Wrap Vegetable Fruit Garlic Toast Oreo Fluff |
| 8 Creamy Chicken & Rice Fruit Garlic Toast Vegetable | 9 Soft Shell Tacos Spanish Rice Vegetable Refried Beans Fruit | 10 Pulled Pork Sandwiches Baked Beans Wavy Chips Fruit | 11 Beff Stroganoff Dinner Roll Vegetable Fruit | 12 Hot Dogs & Brats/Bun Buttered noodles Vegetable Fruit Brownie |
| 15 Lasagna Vegetable Garlic Toast Fruit Cookie | 16 Taco in a Bag Rice & bean dish Vegetable Fruit | 17 Scalloped Potatoes & Ham Fruit Dinner Roll Cheese Stick | 18 | 19 |
| 22 Spaghetti/meat sauce Garlic Toast Vegetable Fruit | 23 Swedish Meatball Mashed potatoes Vegetable Dinner Roll Fruit | 24 Sausage Pizza Bosco Cheese Sticks Vegetable | 25 Chocolate Chip Pancakes Cheesy Hash Sausage links Fruit | 26 Sweet & Sour Chicken Fried Rice Vegetable Fruit Fortune Cookie |
| 29 French Toast Sticks Cheesy Hash Sausage patty Fruit | 30 Chipped Beef Mashed potatoes Dinner Roll Fruit | 31 Chicken Noodle Soup Grilled Cheese Pumpkin pie | 1 | 2 |